

Scripture verses to change our thinking and renew our minds

Pick a scripture verse to memorize this week!

Worry, Anxiety, Fear

- Be strong and steadfast! Do not fear nor be dismayed, for the Lord, your God, is with you wherever you go. Joshua 1:9
- Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus. Philippians 4:6-7
- Do not fear: I am with you; do not be anxious: I am your God. I will strengthen you, I will help you, I will uphold you with my victorious right hand. Isaiah 41:10

Relationships, Family, Parenting

- Love your neighbor as yourself. Matthew 22:39
- I give you a new commandment: love one another. As I have loved you, so you also should love one another. John 13:34
- Put on then, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another, if one has a grievance against another; as the Lord has forgiven you, so must you also do. Colossians 3:12-13
- Love is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. 1 Corinthians 13:5-7
- The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control. Galatians 5:22-23

Rest, Burnout, Exhaustion

- The Lord is my shepherd; there is nothing I lack. In green pastures he makes me lie down; to still waters he leads me; he restores my soul. Psalm 23:1-3
- Even youths shall faint and grow weary, and young men shall fall exhausted; but they who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not grow weary, they shall walk and not faint. Isaiah 40:30-31
- I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing. John 15:5

Finding Purpose in Life

- For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul? Mark 8:35-36
- Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. Galatians 6:9
- You have been told, O mortal, what is good, and what the Lord requires of you: Only to do justice and to love goodness, and to walk humbly with your God. Micah 6:8
- I am confident of this, that the one who began a good work in you will continue to complete it until the day of Christ Jesus. Philippians 1:6

Finances

- Where your treasure is, there will your heart also be. Matthew 6:21
- Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you." Hebrews 13:5

- Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. 1 Timothy 6:17
- It is more blessed to give than to receive. Acts 20:35

Overcoming Temptation

- You must think of yourselves as being dead to sin and living for God in Christ Jesus. For sin is not to have any power over you, since you are not under the law but under grace. Romans 6:11,14
- In all things we conquer overwhelmingly through him who loved us. Romans 8:37
- God is faithful and will not let you be tried beyond your strength; but with the temptation he will also provide a way out, so that you may be able to endure it. 1 Corinthians 10:13
- He said to me, “My grace is sufficient for you, for power is made perfect in weakness.” I will rather boast most gladly of my weaknesses, in order that the power of Christ may dwell with me. 2 Corinthians 12:9

Discouragement

- For with God, nothing will be impossible. Luke 1:37
- Jesus said, “I have come that you might have life and have it to the full.” John 10:10
- If God is for us, who can be against us? He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him? Romans 8:31-32
- I can do all things through Christ who gives me strength. Philippians 4:13
- Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we could ask or imagine. Ephesians 3:20
- The Lord, your God, is in your midst, a mighty savior, who will rejoice over you with gladness, and renew you in his love. Zephaniah 3:17

Decision-making

- Trust in the Lord with all your heart; on your own intelligence do not rely. In all your ways be mindful of him, and he will make straight your paths. Proverbs 3:5-6
- Commit your future to the Lord! Trust in him, and he will act on your behalf. Psalm 37:5
- Rejoice always. Pray without ceasing. In all circumstances give thanks, for this is the will of God for you in Christ Jesus. 1 Thessalonians 5:16-18

Feeling distant from God

- Draw near to God, and he will draw near to you. James 4:8
- Indeed, goodness and mercy will pursue me all the days of my life. Psalm 23:6
- For I am convinced that neither death, nor life, nor angels, nor principalities, nor present things, nor future things, nor powers, nor height, nor depth, nor any other creature will be able to separate us from the love of God in Christ Jesus our Lord. Romans 8:38-39

Identity

- You formed my inmost being; you knit me in my mother’s womb. I praise you, because I am wonderfully made; wonderful are your works! My very self you know. Psalm 139:13-14
- You are my beloved Son; with you I am well pleased. Mark 1:11
- Whoever is in Christ is a new creation: the old things have passed away; behold, new things have come. 2 Corinthians 5:17
- For we are his handiwork, created in Christ Jesus for the good works that God has prepared in advance, that we should live in them. Ephesians 2:10

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